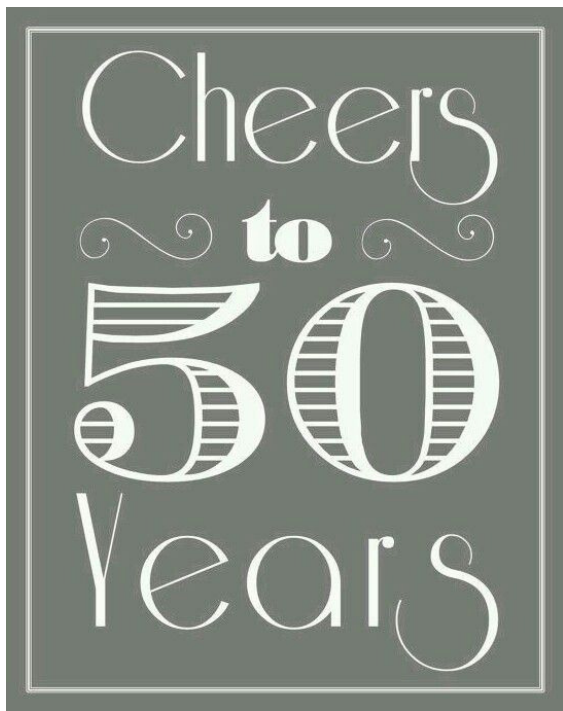




2018-19 ANNUAL REPORT



MEALS on WHEELS®
LONDON



2019 is 50 Golden Years for Meals on Wheels London.



Chad Callander,
Interim Executive
Director



Jeff Tomlinson,
Board Chair

Meals on Wheels London has officially been serving Londoners for 50 years! In 1969 Dr. Earl Russell brought the meal program to the London community and since then we have gone from 6 clients to serving thousands in the London area. This momentous occasion does not belong to one person alone; it belongs to each volunteer, client, donor, funder, staff member and community member who showed their support. We would not be here without you! Thank you for your time, your investment, and your belief in Meals on Wheels London and its' mission.

2019 will be a big year for us as we are celebrating 50 years! There is no doubt that our society is changing and with it so are its' needs. Meals on Wheels London will have to prepare and plan for these changes to ensure that we can continue to help individuals live independently, get to their wellness related appointments and above all provide members of our community with dignity and freedom from social isolation.

We also want to thank our community partners. We cannot name them all individually as there have been so many that have supported us throughout our 50-year history. We want our entire community to know that we are always open to conversations about how we can partner and serve those in the London area.

We did some digging and with some research in our digital records, it is our estimation that we have served Londoners:

2 million meals!!!

Again, thank you to everyone who made this possible!

It is important that we look ahead and as we do that we must always advocate and put out the call for the needs of our organization. Please spread the word about Meals on Wheels London whether to a potential client, donor or volunteer as we are always looking to be of service.

As we celebrate 50 years both Jeff and I invite you on the journey of the next 50. We can't wait to see what's next.

**PRESIDENT
AND
EXECUTIVE
DIRECTOR
REPORT**

50 YEARS
2,600 WEEKS
18,250 DAYS
438,000 HOURS
26,280,000 MINUTES
157,680,000 SECONDS
COUNTLESS MEMORIES

THANK
YOU



TOGETHER, WE CAN DELIVER.

THANK YOU EVERYONE WHO GAVE GENEROUSLY

Meals on Wheels is thankful to our funders: The SouthWest Local Health Integration Network, the United Way of Elgin and Middlesex and the City of London. We are also thankful for the sponsors of our Gift of Food event: Red Seal Sponsor Wilson Family Foundation (Part of the London Community Foundation), Gourmet Sponsor Cargill and Chef Sponsors Exhaust Direct, Old Oak Properties, Harrison Pensa, Appetito, MNP and Minuteman Press London North. As well, those who sponsored our March for Meals event: Key Sponsor Oxford Mobility, Move Sponsors Exhaust Direct Ltd., Chartwell Retirement Residences and Minuteman Press London North, Performance Sponsor London Middlesex Retired Teachers Association, Byorn Legion 533 and Community Supporters Palasad London and Davis Martindale. We'd like to thank Foundations and Granters: the London Community Foundation, Lutheran Social Services, Westminster College Foundation and the Jack and Barbara Hay Foundation. We couldn't do what we do without you!



THANK YOU LONDON FOOD BANK

Meals on Wheels London is thankful to have so many partners in our community. We want to highlight one of those partners, the London Food Bank. In partnership with the London Food Bank we deliver over 350 boxes each year to Meals on Wheels clients who are unable to get to the food bank. The London Food Bank provides the meals and Meals on Wheels' volunteers drop off the boxes. We are proud and honoured to work with the London Food Bank to help bring food security to those we serve.



936 New
clients

50,797
Volunteer
hours

8,463
Rides to
wellness
appts.

The Facts

372 Food
boxes from
the London
Food Bank

895 Not
homes
followed up
on

120,000
Meals
delivered



10%
Increase in
seniors at
food banks

70,000
Londoners
are living in
poverty

30% Increase
in those
needing
subsidy

The Need

65+ is one of
the fastest
growing age
brackets

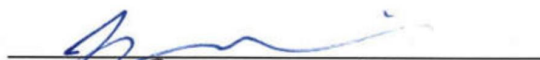
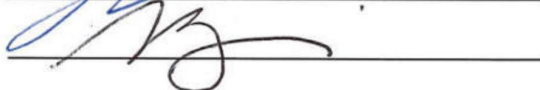
Avg. grocery
bill up 5%

1 in 8 Homes
struggle with
food insecurity

MEALS ON WHEELS LONDON
STATEMENT OF FINANCIAL POSITION
AS AT MARCH 31, 2019

ASSETS	2019	2018
Current Assets		
Cash - general fund	\$ 59,340	\$ 81,746
Cash - fund 3	100,875	138,518
Investments - fund 3 (note 3)	507,431	485,168
Accounts receivable	113,826	116,822
HST rebate recoverable	14,001	13,991
Inventory	7,960	3,234
Prepaid expense	<u>3,260</u>	<u>5,300</u>
	806,693	844,779
Tangible Capital Assets (note 4)	<u>25,807</u>	<u>51,437</u>
	<u>\$ 832,500</u>	<u>\$ 896,216</u>
LIABILITIES AND NET ASSETS		
Current Liabilities		
Accounts payable and accrued liabilities	\$ 82,536	\$ 133,589
Government remittances payable	17,293	-
Deferred revenue (note 6)	<u>7,442</u>	<u>15,000</u>
	107,271	148,589
Deferred Contributions (note 7)	<u>24,915</u>	<u>49,752</u>
	132,186	198,341
Commitments (note 8)		
Net Assets		
Fund 3	<u>700,314</u>	<u>697,875</u>
	<u>\$ 832,500</u>	<u>\$ 896,216</u>

APPROVED ON BEHALF OF THE BOARD:

 _____	Director
 _____	Director

*The attached Independent Auditor's Report and notes
 form an integral part of these audited financial statements.*



MEALS ON WHEELS LONDON
STATEMENT OF OPERATIONS
FOR THE YEAR ENDED MARCH 31, 2019

	General Fund	Fund 3 (note 9)	2019	2018 (note 13)
Revenue				
LHIN Grant	\$ 438,564	\$ -	\$ 438,564	\$ 507,453
United Way Grant	92,920	-	92,920	91,000
Canada-Ontario Job Grant Training Agreement Grant	-	69,517	69,517	-
Westminster College Grant	-	7,558	7,558	-
Ontario Trillium Foundation Grant	-	-	-	66,512
Ministry of Employment and Social Development Grant	-	-	-	24,501
City of London Grant	19,000	-	19,000	19,000
Meal service - standard	430,149	-	430,149	432,904
Meal service - frozen	299,781	-	299,781	333,391
Fundraising initiatives	149,585	-	149,585	233,529
PSW management fee	-	70,087	70,087	68,929
Transportation service	65,664	-	65,664	68,953
Gas reimbursement donations	26,807	-	26,807	25,114
Interest	-	3,381	3,381	5,315
	<u>1,522,470</u>	<u>150,543</u>	<u>1,673,013</u>	<u>1,876,601</u>
Expenditures				
Meals (direct costs)	636,238	-	636,238	679,875
Salaries and benefits	558,339	59,337	617,676	709,061
Meal subsidy programs	80,321	-	80,321	67,521
Meal subsidy - United Way	37,230	-	37,230	36,500
Volunteer gas	62,317	-	62,317	65,730
Occupancy costs	49,791	-	49,791	48,713
Office	43,935	10,066	54,001	72,303
Technology	10,806	-	10,806	11,234
Volunteer services	3,445	-	3,445	24,390
Fundraising and marketing	11,842	3,250	15,092	64,907
Professional fees	21,304	3,000	24,304	42,070
Van operations	12,859	-	12,859	10,805
Staff training (recovery)	(3,814)	75,328	71,514	55,530
Insurance	5,306	-	5,306	5,647
Crisis fund	225	-	225	3,177
Travel	3,925	2,558	6,483	2,324
Memberships	2,760	-	2,760	1,010
Bad debt	6,633	-	6,633	5,700
	<u>1,543,462</u>	<u>153,539</u>	<u>1,697,001</u>	<u>1,906,497</u>
Deficit of Revenue over Expenditures before Other Items	<u>\$ (20,992)</u>	<u>\$ (2,996)</u>	<u>\$ (23,988)</u>	<u>\$ (29,896)</u>
Other Items				
Amortization of deferred capital contributions	24,837	-	24,837	38,074
Amortization of tangible capital assets	(25,631)	-	(25,631)	(38,645)
Realized income on investments	-	18,680	18,680	10,983
Unrealized gain on investments	-	8,541	8,541	3,626
	<u>(794)</u>	<u>27,221</u>	<u>26,427</u>	<u>14,038</u>
Excess (Deficit) of Revenue over Expenditures	<u>\$ (21,786)</u>	<u>\$ 24,225</u>	<u>\$ 2,439</u>	<u>\$ (15,858)</u>

*The attached Independent Auditor's Report and notes
form an integral part of these audited financial statements.*





THE MEALS ON WHEELS LONDON TEAM

Office Staff Team:

Chad Callander, Interim Executive Director
Laura Christie, Volunteer Coordinator
Susan Edginton, Manager Client Services
Rebecca Soltan, Manager Finance and Human Resources
Devon Mota, Admin and Executive Assistant
Kerri Mesman, Client Services Associate
Jo-Anne Doxtator, Client Services Associate
Karen Osterberg, Client Services Associate

Depot Staff

Katherine Clarke, Stacey Marhue, Nancy Southern, Wendy Ferris, Janet Ward, Debbie Roberts, Debbie Anderson

Van Drivers

Lenore McGuire, Rodey McIntyre, Stephen Strutt, Jay McIntyre, Dean Cotu

2019/ 20 Board:

Jeff Tomlinson, Chair
Sally Bennett, Vice Chair
Maureen Nicol, Treasurer
Marianne Pope, Secretary
Diane Silva, Member at Large
Neevita Rathee, Director
Gary Lowe, Director
Jessica Williams, Director

And over 400+
Volunteers!

Funders of Meals on Wheels

