

# June 2022



**ANY CHANGES or CANCELLATIONS must be made 48 hours before your meal delivery.**

**Please call the office at 519-660-1430**

Sunday (delivered Friday)	Monday	Tuesday (delivered Monday)	Wednesday	Thursday (delivered Wednesday)	Friday	Saturday (delivered Friday)
29 Orange Ginger Chicken Meatballs	30 Hot Hamburger	31 Cold Plate Egg Salad/Carrot & Raisin Salad	1 Chicken Cacciatore	2 Cold Plate Tuna Salad/ Coleslaw	3 Chicken Tikka Masala	4 Salmon Patty with Dill Sauce
5 Chicken Cordon Bleu	6 Pineapple BBQ Chicken	7 Cold Plate Salmon Cream Cheese Pinwheels	8 Dijon Roasted Pork	9 Cold Plate Chicken Salad/ Potato Salad	10 Cheesy Beef Macaroni	11 Multigrain Tilapia
12 Broccoli & Cheddar Quiche	13 Tomato Vegetable Pasta Primavera	14 Cold Plate Salmon Salad/ Macaroni Salad	15 Pepper Steak	16 Cold Plate Salami & Provolone Pinwheels	17 BBQ Beef Ribbette	18 Tuna Casserole
19 Roasted Chicken with Gravy	20 Cheese Manicotti	21 Cold Plate Southwest Chicken Salad	22 Vegetable Pot Pie	23 Cold Plate Chicken Souvlaki/ Greek Salad	24 BBQ Pulled Pork	25 Sole with Lemon Butter Sauce
26 Stuffed Pepper & Beef Casserole	27 Orange Ginger Chicken Meatballs	28 Cold Plate Turkey Salad/ Mango Orzo Salad	29 BBQ Cheeseburger Meatloaf	30 Cold Plate Ham Salad/ Broccoli Salad	1 NO MEAL AVAILABLE Office closed	2 NO MEAL AVAILABLE

**IMPORTANT NOTE: Daily meals can be ordered by calling 519-660-1430 and pressing "1" or visiting the Meals on Wheels website here <https://www.mealsonwheelslondon.ca/daily-meal-order-form>**