

Last name \_\_\_\_\_

First Name \_\_\_\_\_

Title \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

Postal Code \_\_\_\_\_

Phone Number (Primary) \_\_\_\_\_

Phone Number (Secondary, Cell) \_\_\_\_\_

Email Address \_\_\_\_\_

Please circle the volunteer opportunities you're interested in  
Meal Delivery Driver    Transportation Driver (Wellness Appts)  
   Transportation Driver (Lunch Bunch)

What days of the week are you available to volunteer? Please circle  
Mon    Tues    Wed    Thurs    Fri

How did you hear about us? Please provide a source.

\_\_\_\_\_

Provide one reference letter that lists their name, contact information, and signature (do not use relatives, can be employment or someone who is not a relative or friend) and bring to your interview

Meals on Wheels London invites applications from all qualified individuals. Meals on Wheels London is committed to equity and diversity with our volunteers and welcomes applications from women, members of racialized groups/visible minorities, Indigenous persons, persons with disabilities, persons of any sexual orientation, and persons of any gender identity or gender expression. Accommodations are available for applicants with disabilities throughout the recruitment process. Applicants who have experience working with a diverse range of people, and who can contribute to the climate of inclusivity at Meals on Wheels London are encouraged to identify their experiences and potential contributions below. (This is not required)

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