



MEALS ON WHEELS
LONDON



Free SOCIAL PROGRAMS

Stay Connected

519-660-1430



Senior Centre Without Walls:
Weekly group program over the phone.



Monthly Trivia Night:
Friendly evening of group Trivia over the phone.

(Chit chat, icebreakers and some fun trivia! Don't worry- it's all about the fun and not the competition.)



One on One Calls:
Friendly social calls with Devon, scheduled at your leisure.

Opportunities to meet others, enjoy good conversation and have fun!
Please note that these are just a handful of the programs we have on offer.

Visit our website or call to register or ask for more details!

(519) 660-1430 mowl.ca/Social-Programs

