

APRIL 2025



ANY CHANGES or CANCELLATIONS must be made 2 business days before your meal delivery.
Please call the office at 519-660-1430

Sunday (delivered Friday)	Monday Delivery between 11:00-1:30	Tuesday (delivered Monday)	Wednesday Delivery between 11:00-1:30	Thursday (delivered Wednesday)	Friday Delivery between 11:00-1:30	Saturday (delivered Friday)
30 Beef Stir Fry	31 Moussaka	1 Cold Plate Deli Plate with Sweet Pickels	2 Chicken Florentine	3 Cold Plate Farfalle Pasta Salad/ Tabouli Salad	4 Pork Schnitzel	5 Applewood Smoked Salmon
6 Pineapple Pork Fried Rice	7 Beef Enchilada Bake	8 Cold Plate Turkey Salad/ Mango Orzo Salad	9 Baked Chicken With Chalet Sauce	10 Cold Plate Roast Beef Puff Sandwich	11 Pork Carnitas with Tortilla	12 Lemon Dill Baked Salmon
13 Chopped Steak with Caramelized Onions	14 Pulled Pork With Bun	15 Cold Plate Taco Pasta Salad/ Corn Salad	16 Beef Stroganoff	17 Cold Plate Egg Salad/ Carrot & Raisin Salad	18 NO MEAL AVAILABLE (office closed)	19 NO MEAL AVAILABLE
20 NO MEAL AVAILABLE	21 Greek Chicken Dinner	22 Cold Plate Black Bean Burrito Bowl	23 Country Chicken Skillet	24 Cold Plate Tuna Salad/ Coleslaw	25 Turkey Burger (with Bun)	26 Cajun Tilapia
27 Chicken Parmesan	28 Beef Stir Fry	29 Cold Plate Smoked Salmon & Cream Cheese Pinwheels	30 Turkey Cottage Pie	1 Cold Plate Coronation Chicken Salad/ Orzo Salad	2 Veal Cutlet with Mushroom Paprika Sauce	3 Lemon Pepper Cod

IMPORTANT NOTE: Daily meals can be ordered by calling 519-660-1430 and pressing “1” or visiting the Meals on Wheels website here: <https://mowl.ca/fresh-meal-order/>