

IMPACT REPORT



MEALS on WHEELS
LONDON



2025/2026



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Executive Letter

From the leadership of Meals on Wheels London, it is with great pride that we can report the organization delivered on its mission, vision and values in 2025/2026. Our mission, vision and values (see page 2) were updated in 2022 to reflect the full range of services provided by Meals on Wheels.

The organization is still offering the daily meal program which is the foundation on which the Meals on Wheels model was built. Meals on Wheels London is offering multiple streams of services which exemplifies our mission, “nourishing community wellness, one person at a time.”

We could not ever present an impact report without thanking the incredible volunteers who deliver our services every day, making our mission possible. As our values state, “we deeply value our volunteers – they are at the heart of our work.”

So, what stood out over the past year?

- Thank you to our incredible fundraising committee who brought us our most successful Marching for Meals year so far. This would not have been possible without the sponsors, participants and donors who stepped up to ensure that we have the resources to support our community.
- We want to thank our incredible partners at the United Way Elgin Middlesex. We are working with this generous organization to ensure that individuals have their food security needs met.
- We renewed our agreement with Ontario Health for the 2026/2027 fiscal year. We want to thank them for entrusting us as a key community support service that supports and delivers to locals.
- Our amazing staff, volunteers and board saw the highest service numbers we have seen in over 10 years!
- We’ve updated our operational facilities. Thanks to grants from the Lawson Foundation Miggsie Fund, the Westminster College Foundation, First St. Andrew’s United Church (our landlord) and Meals on Wheels London Donors, we were able to complete in June 2026. These changes were needed to ensure capacity for current and future growth.

2026 was the start of the second year of our three-year strategic plan. We look forward to building on our success. We want to take this opportunity to encourage anyone to reach out should they have questions, feedback or ideas that can help us build an even better Meals on Wheels London to serve our community.

**CHAD CALLANDER,
EXECUTIVE DIRECTOR**



**TONY CRNCICH,
CHAIR OF THE BOARD**





We are motivated by a strong commitment to our volunteers, our donors, our partners and our community - and our aspirations and guiding principles are defined by the community we serve

Our Vision

A community in which every person has a pathway to wellness and independence.

Our Mission

Nourishing community wellness, one person at a time.

Our Commitment to Our Community

We deeply value our volunteers - they are at the heart of our work.

We are socially, financially and environmentally responsible.

We honour our community through partnerships, diversity and inclusion.

We deliver high quality programs and services, always

We embrace organizational change and imagination.

We strive for tangible, lasting results.

These guiding principles inform and infuse everything we do, day-in, day-out.

They have been forged by our commitment to high ethical standards, transparency and accountability.

They drive our priorities, organizational decisions and how we accomplish our mission.



A year to remember 2025-2026



Our Partners



**Ontario
Health**



United Way
Elgin Middlesex

Thank you to Ontario Health for their continued support of our programs and services. We play a key role in the home care of individuals and caregivers.

Thank you to the United Way Elgin Middlesex for renewing their support. They're a beacon of hope and caring with their leadership in service for vulnerable communities.

Grantors

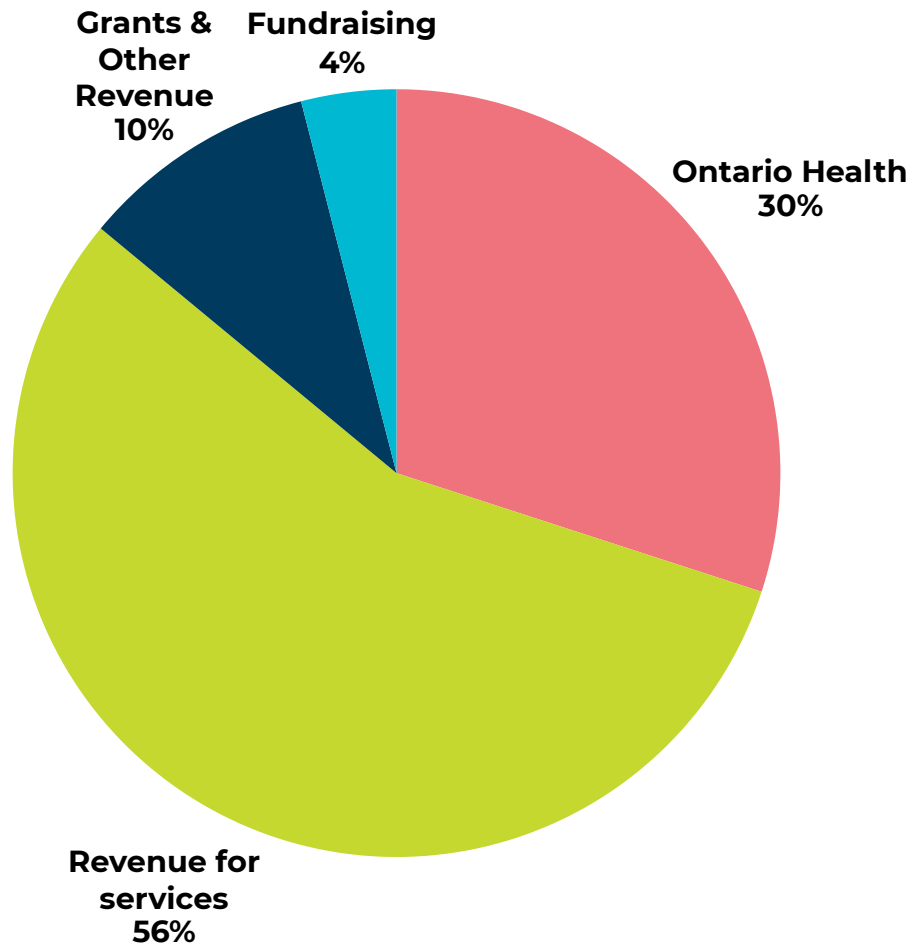


- City of London
- Canada Summer Jobs
- Lutheran Social Services
- Moez & Marissa Kassam Foundation
- Westminster College
- Pope Francis Fund
- WestJet
- Varkey Family Fund
- Royal Bank of Canada
- LCF Funding Needs Registry
- TD Volunteer Grant
- Jim & Judy Robertson Foundation



Our organization is one of 25 organizations that work with the London Food Bank to help a generous, community share its food resources, as their mission states.

Donations, Grants and Fundraising



“I just wanted to call and say thank you for the delicious and healthy meals. I am really grateful for your help!”

“I want to pass on my heartfelt thanks for all your support over the holiday season. Without Meals on Wheels, I wouldn’t have a Christmas.”

“Your volunteers are incredible! Please pass on my thanks for their patience and help when delivering my meals.”

“Thank you for making the care of my mom so simple and easy. She absolutely loves your meals!”

**We
delivered...**

Meals

135,872

\$ for crisis and subsidies

153,486

Food Box Meals

9,475



Not Home Procedures

612

Transportation Rides

3,322

Friendly Visits

1,064



PLATINUM SPONSORS



CHAMPION SPONSORS



PERFORMANCE SPONSOR



COMMUNITY SPONSOR



Full audited statements can be found on our website under the about us section and titled, "Financial Statements and Reports." These statements are abbreviated for this report's purposes.

Financials

Meals on Wheels London
Statement of Financial Position

As at
March 31st, 2026

Current Assets

	2026	2025
Cash - General Fund	94,513	81,605
Cash - Reserve Fund	103,063	361,681
Investments - Reserve Fund		492,638
Accounts Receivable	80,068	68,755
HST Rebate Recoverable	19,275	13,837
Inventory	1,952	4,904
Prepaid Expense	15,646	17,787
	314,517	1,041,207
Tangible Capital Assets	151,860	77,624
	<u>\$466,377</u>	<u>\$1,118,831</u>

Liabilities and Net Assets

Current Liabilities

Accounts Payable and Accrued Liabilities	\$170,644	\$194,469
Government Remittances Payable	173	1,140
Deferred Revenue	<u>67,405</u>	<u>47,673</u>
	238,222	243,282

Deferred Capital Contributions

	<u>73,704</u>	<u>46,182</u>
	<u>311,926</u>	<u>289,464</u>

Commitments

Net Assets

Reserve Fund	154,451	829,367
	<u>\$466,377</u>	<u>\$1,118,831</u>

Financials

Statement of Operations for the
year ended March 31st, 2026

Revenue

	General Fund	Reserve Fund	2026	2025
Ontario Health Grant	\$ 518,862	-	\$ 518,862	\$ 518,862
Meal Service - Frozen	516,362	-	516,362	432,142
Meal Service - Standard	402,758	-	402,758	375,226
Other Grant Revenue	76,233	20,000	96,233	188,222
Fundraising Initiatives	66,012	84,163	150,175	120,900
United Way Grant	50,000	-	50,000	50,000
Transportation Service	40,290	-	40,290	33,453
Gas Reimbursement Donations	24,276	-	24,276	20,896
PSW Management Fee	-	80,920	80,920	79,820
Interest	-	12,346	12,346	26,588
Dividend Income	-	3,861	3,861	19,299
	<u>1,694,793</u>	<u>201,290</u>	<u>1,896,083</u>	<u>1,865,408</u>

Expenditures

Compassionate Program	20,516	-	20,516	18,615
Donation	-	741,940	741,940	-
Fundraising and Marketing	24,808	-	24,808	40,667
Insurance	12,983	-	12,983	11,867
Meal Subsidy Programs	132,970	-	132,970	119,903
Meals (direct costs)	870,851	-	870,851	807,520
Memberships	4,741	-	4,741	3,859
Occupancy Costs	58,728	-	58,728	56,342
Office	41,756	-	41,756	48,041
Professional Fees	14,789	2,562	17,351	17,363
Salaries and Benefits	503,982	75,720	579,702	567,550
Staff Training	2,673	-	2,673	8,301
Technology	27,618	4,000	31,618	27,279
Travel	531	-	531	3,976
Van Operations	4,590	-	4,590	5,791
Volunteer Gas	33,462	-	33,462	31,356
Volunteer Services	2,645	-	2,645	4,394
	<u>1,757,643</u>	<u>824,222</u>	<u>2,581,865</u>	<u>1,772,824</u>
Excess (Deficiency) of Revenue over Expenditures before Other Items	<u>\$ (62,850)</u>	<u>\$ (622,932)</u>	<u>\$ (685,782)</u>	<u>\$ 92,584</u>

Financials

Statement of Operations for the
year ended March 31st, 2026
(Continued)

Revenue

	General Fund	Reserve Fund	2026	2025
Excess (Deficiency of Revenue over Expenditures before Other Items)	\$ (62,850)	\$(622,932)	\$(685,782)	\$92,584
Other Revenues (Expenditures)				
Amortization of deferred capital contributions	27,478	-	27,478	26,590
Amortization of tangible capital assets	(33,607)	-	(33,607)	(27,797)
Gain on sale of tangible assets	300	-	300	400
Unrealized lost on investments	-	(16,608)	(16,608)	(7,483)
Realized gain (loss) on investments	-	<u>33,303</u>	<u>33,303</u>	<u>(49)</u>
	<u>(5,829)</u>	<u>16,695</u>	<u>10,866</u>	<u>(8,339)</u>
Excess (Deficiency of Revenue over Expenditures)	<u>\$(68,679)</u>	<u>\$(606,237)</u>	<u>\$(674,916) *</u>	<u>\$84,245</u>

- * Year ending March 31st, 2026 resulted in a net deficiency of revenue over expenditures totalling \$674,916. This amount includes a one-time transfer of \$741,940 from the Reserve Fund to the Meals on Wheels London Endowment Fund at the London Community Foundation. Excluding this transfer, operations were in a surplus for the year. Importantly, the transfer represents a strategic movement of funds into a permanent endowment rather than operational expense, thereby strengthening the organization's long-term financial position.

Meet the Team!

Chad Callander: Executive Director
Susan Edginton, Manager Programs & Client Services

Rebecca Soltan, Manager of Finance
Devon Mota, Philanthropy and Community Engagement

Temitope Akinsola, Administrative Assistant
Karen Osterberg, Client Services Associate
Kerri Mesman, Client Services Associate
Jo-Anne Doxtator, Client Services Associate
Laura Michailidis, Client Services Associate
Melissa Robinson, Client Services Volunteers

Depot Staff: Katherine Clark, Stacey Marhue,
Nancy Southern, Wendy Ferris, Janet Ward

Van Drivers: Rodey McIntyre, Stephen Strutt

This list reflect those who served during the 2025/2026 years



Tony Crncich, President
Brian Costigan, Vice-President and Treasurer

John Besterd, Secretary
Tim D'Souza, Director
Andrew Mullings, Director
Debra Belanger, Director
Sara DeCandido, Director
Lindsay Cammalleri, Director
Steve Groves, Director

This list reflects those who served during the 2025/2026 year



Our Staff



Our Board

WE WANT TO HEAR FROM YOU!

Reach out anytime with questions and/or feedback. We are always looking for ways we can assist our community.

www.mowl.ca
Call us: 519-660-1430
Email: info@mowl.ca

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MEALS on WHEELS
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