Social Lunch

Fact Sheet

Service Description: Our Friendly Visiting program includes a monthly Social Lunch for MOWL clients. The lunches give clients an opportunity to connect with others, build relationships, enjoy conversation, and meet new people in the community. The goal is to promote well-being and a sense of community.

Service Provider(s): MOWL staff.

Persons Served: MOWL clients who may benefit from social connection and opportunities to connect with others in the community.

Eligibility:

1. Be an active MOWL fresh meal or frozen meal client interested in attending Social Lunch and connecting with others.
2. Provide consent to participate in the program.

Limitations:

1. Social Lunch is a group social activity and does not provide one-on-one support or personal care.
2. Participation depends on available space, staffing capacity, and scheduled lunch dates.

Program Location(s): Social Lunch is held at the MOWL location.

Frequency of Service: Once a month, on a scheduled lunch date.

Cost: Social Lunch is provided free of charge to eligible MOWL clients.

Contact: MOWL office (see contact information below).

Referral Source(s): Self, family/caregiver, MOWL staff, and community partners.